

THE CLARITY BEFORE THE BREAKTHROUGH

Before the Cards, There's You



This isn't just prep—it's an act of alignment.

A moment to meet your own energy
and steady your inner world
before the cards are ever laid down.

ALLEN HILL

The Real Reading Starts Here...

But This Isn't Just a Reading—It's a Reckoning

Before you join me for your private reading...

Before the cards fall.

Before the story starts to unfold...

You should know:

The *real* reading doesn't begin with *me*.

It begins with you.

Not in the cards.

In *your energy*.

In the *patterns* that keep showing up.

In the questions you've been afraid to ask—and the answers you've secretly known.

Because this moment?...

It's *not* about *predictions*.

It's about *pattern interruption*.

It's about *peeling back the illusions* and *seeing yourself more clearly than ever before*.

You didn't open this guide because you were curious.

You opened it because something deeper was *ready*.

Ready to wake up.

Ready to stop repeating the cycle.

Ready to reclaim the truth that's been buried under years of heartbreak, hope, and holding on.

This might *look like* a tarot reading.

But really...

It's a *reckoning* with the part of you that's been waiting to rise.

So take a deep breath.

Feel into your body.

Let the noise fall away.

The answers *are coming*.

But first—meet the part of you that's asking the questions to begin with...

Because This Is Bigger Than Just Getting Answers

You booked this reading for a reason.

Not just to know *what they're thinking*.

Not just to see *what happens next*.

But because *something inside you knows*:

This moment matters.

It might be quiet...

Buried under the noise of longing, worry, or confusion.

But still—it's there.

The part of you that's ready to see more clearly.

The part that's tired of repeating the same patterns.

The part that wants truth... even more than reassurance.

This guide isn't *just prep*.

It's a tool for grounding, reflection, and power.

It's how you meet yourself first—*before* you meet the message in the cards.

Because no matter what comes through in your reading...

There are *always* truths waiting beneath the surface.

Truths about your energy.

Your healing.

Your worth.

And the direction your soul is quietly leading you next.

So take a breath.

Set aside any pressure to get the *perfect answer*.

This isn't about fortune-telling.

It's about awakening the part of you that *already knows*—and listening to what that piece of you has been trying to say.

So before we get to the cards...

It's important to keep in mind:

This isn't just a reading about *them*.

It's a reflection of you.

Because whether you realize it or not, the energy you bring into this session shapes everything that shows up.

Your patterns.

Your wounds.

Your wants.

Your truth.

The reading might speak in language about your person—but the message?

It's yours.

The Mirror Effect

What the Cards Reveal About You—Even When You Think They’re About Your Person

You didn’t book this reading because you just wanted *information*.

You booked it because *something in you is unsettled*.

Hungry.

Ready.

Maybe you want *answers*. Maybe you want *clarity*.

Maybe *you just want peace*.

But no matter *why* you came...

This is the one truth that’s always waiting underneath the surface:

Every card is also about *you*.

Not *just them*.

Not *just the relationship*.

You.

Now don’t take that the wrong way...

That doesn’t mean “*everything* is your fault”.

No.

Not at all.

And it doesn’t mean the other person’s behavior is irrelevant.

Because it’s not.

But if you’re going to *get the most out of this reading*...

—you have to be willing to hold up the mirror and ask the deeper question:

“What is this showing me about me?”

Because here’s the truth that most people miss:

When a reading says they’re emotionally unavailable...it might be reflecting back the ways you’ve been unavailable to yourself.

The ways you abandon *your* needs.

The ways you wait for *someone else* to give you what *you won’t give yourself*.

The ways you silence your intuition—until it’s screaming through the cards.

Sometimes the reading shows a romantic partner who won’t open up...

But the real message is about the version of *you* that still chooses partners like that.

Sometimes the cards speak of betrayal...

But the deeper layer is about where you’ve been betraying your own truth.

None of this is about *blame*.

It’s about claiming your *power*.

Because if you only focus on what the other person is doing...

You stay stuck in the *one part* of the story *you can’t control*.

But when you start listening for the parts that are about *you*—your energy, your beliefs, your wounds, your patterns—

That's when things begin to shift.

That's when tarot stops being about *them*...

—and starts being about your own *transformation*.

Your *becoming*.

So as you prepare for your session with me, hold this in your awareness:

“What if this reading isn’t just about what’s happening?”

“What if it’s about what *I’m ready to finally see?*”

That's the mirror.

And it always reflects the light that's trying to return to you.

Your Body Already Knows

Truth Doesn't Always Feel Good—But It Does Feel Real

There's a difference between hearing something... and *feeling* it.

You might listen to a message and think:

"That doesn't make sense."

Or...

"That's not what I wanted to hear."

But at the same time—your chest tightens.

Your throat catches.

You feel a sudden wave of sadness... or relief... or something you can't quite name.

That's your body speaking.

And most of the time, it tells you the truth *faster* than your mind ever could.

Your *logical brain* wants *proof*.

But your *body* wants *healing*.

And it *already knows* where *that healing* needs to begin.

When something lands in your *gut*...

When you feel a jolt in your chest or a rush of warmth through your arms...

When you tear up out of nowhere...

That's not *just emotion*.

That's *resonance*.

It means the energy behind the message hit a place in you that's real—whether or not your conscious mind is ready to accept it yet.

And just like a song lyric that speaks to a part of your life no one knows about...

Some cards don't need to be "understood."

They just need to be *felt*.

That's where *real transformation* starts.

So, during your reading with me (and as you listen to the recording of it I'll send you afterwards), just ask yourself:

"What part of this reading is *my body* responding to?"

"What sensations, reactions, or emotions are rising up in me right now?"

You *don't* have to decode it all in the moment.

You *don't* have to make perfect sense of *everything*.

But if your body speaks... *listen*.

Because *long before your mind* can make sense of the truth...

—*your energy already recognizes it*.

And your body's reaction isn't *random*.

It's a signal that something deeper is stirring... something that's been waiting to surface.

And now?

Now it's time to meet what's been stirring inside you.

Not with judgment.

Not with performance.

But with *presence*.

Because the truth doesn't *just* live in the cards—it lives in *you*.

And the clearer you are with yourself *before* the reading begins, the more powerful and aligned the message becomes.

Let's get you there.

The Clarity Before the Breakthrough

This isn't just prep—it's an act of alignment.

Now that you've booked a personal tarot reading, you're likely feeling a mix of emotions: confusion, hope, anxiety, maybe even excitement about what the cards might show you.

Totally normal..

But before the cards, there's *you*.

Your energy, your emotions, your patterns.

And when you meet those honestly before your reading...

Something opens up for you.

This worksheet is designed to help you get clear on what you *really* want to ask, uncover what's *actually* bothering you *beneath the surface*, and prepare your energy so you receive the clearest, most powerful guidance possible.

But I want to be clear about one thing...

This is about *helping you tune in* before we begin—

Not for you to tell *me* what's going on...

But to tell *yourself*.

Don't need to send this to me.

Because this isn't *for* me.

So just fill it out for *you*—then notice what echoes back when your reading begins.

1. What's weighing on you most right now?

What situation, thought, feeling, or person has been taking up the most space in your mind lately?

Write freely. Don't censor yourself. What's taking up the most mental or emotional space?

[illegible]

2. What do you most want clarity about?

It could be something specific, or something foggy you haven't quite put words to yet.

[illegible]

3. What situation or connection feels most unresolved?

Describe it in your own words. You don't need to explain it all perfectly—just get it out.

[illegible]

4. What outcome are you hoping for? What outcome are you afraid of?

Getting honest about both is key. Sometimes the fear is louder than the desire, and that blocks clarity.

[illegible]

5. What do you *want* to do vs. what you *feel like* you should do?

Be honest with yourself. This is between you and you.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

6. Is there a pattern you've seen before—in this connection or others?

Noticing the pattern can shift everything. Even writing it down is a breakthrough.

[illegible]

7. If you could know the answer to just ONE question right now, what would it be?

And I'm talking about the one *underneath* the surface-level "What does he feel?" or "Is he coming back?" (Ask what's *really* behind the desire to know that.)

[illegible]

8. What's your energy like right now?

Are you open? Anxious? Guarded? Hopeful? Just noticing where you are helps center you before your session.

[illegible]

9. Final Step: Set an Intention

Take a moment to write down how you want to feel after your reading. Clarity? Peace? Power? Whatever it is, set the tone now.

"I am safe. I am open. I am ready to receive the truth I most need to hear."

Bring this with you to your reading if you'd like. Then, afterwards, you can check to see how much of it I picked up in your energy during your reading.

Or... just use it as a way to clear space, center yourself, and walk into your session already aligned with truth.

Closing Thoughts

Let the Reading Begin Before the Cards Ever Fall

You didn't just book a reading.

You made a decision to meet yourself.

And what you're doing right now—sitting with these reflections, feeling your energy, preparing your heart—

This is the work.

This is how real breakthroughs happen.

Because when you come into a reading grounded in awareness...

When you're open to truth that might look different than what you hoped for...

When you're listening not just for your person's story, but for *your own pattern playing out behind it...*

Everything shifts.

So breathe.

Be still.

Let the wisdom in you rise to the surface.

And remember:

You're not coming to the cards for answers.

You're coming to reconnect with the part of you that already knows.

I'll see you in the video meeting room.

—Allen